



Arthroscopy Association of North America &
Society of Military Orthopaedic Surgeons
Advanced Shoulder Arthroscopy
October 16-18, 2010



This course is open to active military orthopaedic surgeons only.

There is no registration fee for this course. (Participant is responsible for travel and lodging expenses).

CME Credits

20

Maximum Enrollment

48

Objectives

The participant will understand the indications for surgery and the principles of the surgical technique in order to competently and skillfully perform the following arthroscopic procedures:

- Diagnostic arthroscopy of the shoulder, glenohumeral joint, and subacromial space.
- Identification of all intra-articular structures, pathology, and anatomic variations.
- Removal of loose bodies, SLAP repair, and knot tying techniques.
- Arthroscopic subacromial decompression and A-C resection.
- Arthroscopic shoulder stabilization procedures: anterior and posterior bankart repair, capsular and rotator interval plication, MDI reconstruction
- Salvage techniques for OA in the younger patient
- Arthroscopic rotator cuff repair: single row, double row, and margin convergence techniques.
- Arthroscopic repair of partial rotator cuff tears: PASTA lesions
- Biceps evaluation, tenotomy and tenodesis: soft tissue, anchor and interference screw techniques.
- Subscapularis repair: intra and extra-articular approaches
- A-C Joint repair and reconstruction

Participants will be partnered depending on skill level. At the end of the course, the participant will dissect the specimen to review the anatomy and evaluate the procedures performed.

Master Instructors

Richard K. N. Ryu, MD – Chairman
Matthew T. Provencher, MD - Chairman
John (JT) Tokish, MD – Chairman
Jeffrey S. Abrams, MD
Richard L. Angelo, MD
F. Alan Barber, MD
Anthony Beardmore, MD
Robert T. Burks, MD
Donald R. Carr, MD
Dana C. Covey, MD
Alan S. Curtis, MD
James C. Esch, MD

Eric Fester, MD
Larry D. Field, MD
Warren Kadrmas, MD
Brett D. Owens, MD
JP Rue, MD
Felix H. Savoie, III, MD
Nicholas A. Sgaglione, MD
Mark A. Slabaugh, MD
William B. Stetson, MD
Steve Svoboda, MD
Joseph C. Tauro, MD
Daniel W. White, MD

(schedule subject to change)

Course Outline

Saturday, October 16 - 6:00 pm - 9:00 pm (1800 – 2100)

Lectures - Shoulder Instability

- Positioning for shoulder arthroscopy:
Lateral decubitus and Beach chair
- Portal placement
- Normal anatomy and pathology
- ASD/Mumford: indications and techniques
- SLAP repair: indications, techniques and failures
- Arthroscopic instability surgery
- Arthroscopic rotator cuff repair techniques

Knot Tying and ALEX Model Lab

Sunday, October 17 - 7:00 am - 5:00 pm (0700 – 1700)

Lectures

- Special portals
- PASTA repair techniques
- Arthroscopic A-C reconstruction
- Bicep tenotomy vs. tenodesis
- Case Presentations: Discussion

Cadaver Lab

Basic

- Diagnostic intra-articular and bursal
- Loose bodies
- ASD
- Mumford

Advanced

- SLAP repair: anterior and posterior
- Instability: bankart, capsular plication, posterior reconstruction
- Remplissage
- Rotator interval closure
- Biceps tenodesis
(soft tissue, interference screws, subpectoral)
- PASTA repair
- Re-surfacing and augmentation

Sunday Evening

Casual Dinner and Roundtable Discussion
SOMOS Presentations: Combat Experience and Lessons Learned

Monday, October 18 - 7:00 am - 12:30 pm (0700 – 1230)

Lectures

- Capsular release
- Subscapularis repair
- Instability and bone loss: Options and Latarjet
- Re-surfacing and augmentation options
- Discussion/Open Forum

Cadaver Lab

Basic

- ASAD/Mumford
- Side-to-side cuff repair
- Releases for rotator cuff repair
- Mini Open repair
- Anchor placement/ Knot-tying

Advanced

- Rotator cuff repair
(single, double, and triple row with convergence sutures)
- Margin convergence
- Subscapularis repair
- Arthroscopic AC stabilization
- Suprascapularis nerve decompression
- RC Augmentation techniques

Adjourn – 12:30 pm

Registration Information

The course will take place at the Orthopaedic Learning Center (OLC) at 6300 N. River Rd. in Rosemont, IL 60018.

Hotel Accommodations

The Hyatt Rosemont Hotel is conveniently located next to AANA and the OLC. Please call the hotel directly at 800-233-1234 for hotel accommodations. Identify yourself as an Arthroscopy Association course registrant to ensure that you receive the AANA block rate. The room rate is \$149.00 per night for a single or a double. Be sure to make your reservation early. The block will be released three weeks prior to this course. After that registration and rates will be dependent on availability.

Shuttle Buses

The Hyatt Rosemont provides complimentary shuttle bus service to and from O'Hare Airport.

Air Travel Arrangements

Gant Travel is the official travel management company for AANA. Call Gant Travel toll-free, 8:00 a.m.-5:00 p.m. (CST), Monday-Friday at 800/621-1083 and identify yourself as an AANA SOMOS participant. Gant Travel offers full mileage credit for frequent flyers.

Accreditation

The Arthroscopy Association of North America is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to sponsor continuing medical education for physicians.

CME Credit

AANA designates this Continuing Medical Education activity for credit of 20 *AMA PRA Category 1 Credits*[™].

Faculty

Faculty and content subject to change. Check www.aana.org for updates.

Course Information

The course includes:

- Complimentary registration for active military orthopaedic surgeons (participant responsible for travel & lodging)
- Cadaveric specimen for each registrant
- Registration/course materials
- Personal protective wear
- Laboratory and lecture sessions
- Continental breakfasts
- Lunch
- Sunday evening casual dinner and round table discussion

Three Ways to Register

Mail: Fill out registration form completely and mail to:

AANA
6300 N. River Road
Suite 104
Rosemont, IL 60018

Fax: Fax registration form to: 847/292-2268.

Online: Register via the internet at: <http://www.aana.org>

Course Registration

Course Registration Confirmation Letters will be sent out via e-mail. Do not make your travel arrangements until you receive confirmation that you are enrolled in the course.

Course Cancellation

AANA reserves the right to cancel thirty (30) days prior to the course date. Any person who has registered for the canceled course will be notified by certified mail at the address indicated on the registration form. Costs incurred by the registrant, such as airline or hotel penalties, are the registrant's responsibility.

Your Cancellation

Requests for cancellation must be received in writing by the AANA office at least two weeks prior to the start of the course. If for any reason you cannot attend including deployment, please notify AANA immediately.

Waiver of Liability

Prior to participation in the cadaveric "hands-on" lab, all registrants will be required to sign a waiver of liability on-site.

Disclaimer for All Programs

The methods, techniques and procedures demonstrated and the views and opinions expressed by speakers, presenters, and faculty are their own, and do not necessarily represent those of the Arthroscopy Association of North America, nor does presentation on the program represent or constitute endorsement or promotion by AANA.

AANA expressly disclaims any warranties or guaranties, expressed or implied, and shall not be liable for damages of any kind in connection with the material, methods, information, techniques, opinions, or procedures expressed, presented, or demonstrated.

Photo Disclaimers

The Arthroscopy Association of North America may subsequently use, for publicity or promotional purposes, the name or pictures of any participant without liability or obligation to that participant.

Questions

Call 847/292-2262 or e-mail: info@aana.org

This course made possible by a generous grant to the
Arthroscopy Association of North America
Education Foundation by



