For complete meeting information download the meeting app before heading to the meeting! The app will reflect the most up to date information and any last-minute updates in real time.

Search "DTMS Events" in the Apple App Store or Google Play Store.

#### ACCREDITATION INFORMATION

#### PROGRAM COMMITTEE

Lt. Col. Aaron E. Barrow, MD - Program Co-Chair Maj Stuart J. Davidson, MD - Program Co-Chair Col. R. Judd Robins, MD LTC Jeanne Patzkowski, MD CDR Christopher H. Renninger, MD CDR Jennifer L. Smith, MD LTC Daniel J. Song, MD LTC David J. Tennent, MD

#### SOMOS MISSION STATEMENT

To provide a forum for the interchange of medical knowledge as it relates to the practice of orthopaedic surgery in the military.

#### TARGET AUDIENCE

The 67th Annual Meeting of the Society of Military Orthopaedic Surgeons has been developed primarily for orthopaedic and trauma surgeons.

#### **PURPOSE**

The purpose of the SOMOS Annual Meeting is to provide a comprehensive, militarily relevant educational forum that promotes excellence in orthopaedic care within the Department of Defense. The meeting facilitates the exchange of evidence-based advances in orthopaedic surgery, fosters innovation in the treatment of musculoskeletal injuries across the continuum of care, promotes surgeon leadership development, and supports the readiness of military orthopaedic surgeons to manage both combat and non-combat injuries. Through collaboration, education, and shared experience, this meeting seeks to enhance the quality and consistency of orthopaedic care delivered by military medical professionals in diverse operational settings.

#### **OBJECTIVES**

At the conclusion of the 2025 SOMOS Annual Meeting, participants will be able to:

- 1. **Apply** updated knowledge and techniques in orthopaedic subspecialties including trauma, sports medicine, foot and ankle, hand, spine, oncology, and pediatric orthopaedics, particularly as they relate to the unique demands of military populations.
- 2. **Analyze** current trends in the management of combat-related musculoskeletal injuries and assess their applicability to forward-deployed and resource-limited environments.

- 3. **Integrate** evidence-based outcomes and innovations, including surgical advancements and rehabilitation strategies, into their clinical practice to improve patient outcomes and operational readiness.
- 4. **Engage** in peer-to-peer knowledge exchange that promotes continuous learning and leadership development within the military orthopaedic community.
- 5. **Identify** emerging technologies and treatment modalities relevant to military orthopaedics and evaluate their potential impact on future care delivery.

These objectives will be achieved through a robust scientific program including podium presentations, instructional courses, symposia, case panels, poster sessions, and keynote lectures.

#### ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Academy of Orthopaedic Surgeons and the Society of Military Orthopaedic Surgeons. The American Academy of Orthopaedic Surgeons is accredited by the ACCME to provide continuing medical education for physicians.

The American Academy of Orthopaedic Surgeons designates this Society of Military Orthopaedic Surgeons 67<sup>th</sup> Annual Meeting, December 9 – 12, 2025 to be held in Vail, Colorado for an approximate maximum of 29 AMA PRA Category 1 Credits<sup>TM</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

The Scientific Program is 22.75 AMA PRA Category 1 Credits<sup>TM</sup> The E-Posters are 6.25 AMA PRA Category 1 Credits<sup>TM</sup>

#### **DISCLAIMER**

The Society of Military Orthopaedic Surgeons (SOMOS) is a private not-for-profit organization that is not sponsored by any department or agency of the DoD or local state or federal government. Speakers and exhibitors at the 2025 Society of Military Orthopaedic Surgeons (SOMOS) 67<sup>th</sup> Annual Meeting represent and are solely responsible for their own presentations. Their presentation and displays do not represent concepts, policy or the official position of any department or agencies of the DoD or local or state government.

Presentations and displays at the 2025 Annual Meeting do not constitute endorsement, concurrence, validation or official position of SOMOS or any other department or agency.

#### SCIENTIFIC E-POSTER PRESENTATIONS

Scientific E-Posters are an important feature of the SOMOS Annual Meeting. E-Posters will be on video display along with their presenters December  $9^{th} - 12^{th}$  during the Scientific Program. Please note on the Scientific Program Schedule the designated times the poster presenters will be available for discussion.

# SOMOS Scientific Program December 8-12, 2025 The Hythe Hotel Vail, CO

# Monday, December 8

7:00 am-4:00 pm MAST Pre-Course Lab & Didactic – Shoulder

\*CME Credit not available

(Invitation Only)

12:00 pm-5:00 pm **Meeting Registration** 

12:00 pm-11:59 pm Speaker Ready Area

# **Tuesday, December 9**

#### **Opening Ceremony**

Moderators: Col R. Judd Robins, MD, United States Air Force Academy

Lt. Col. Aaron E. Barrow, MD, *Eglin Air Force Base* Maj Stuart J. Davidson, MD, *US Air Force Academy* 

7:00 am-7:10 am Color Guard

7:10 am-7:20 am Report of SOMOS President

Col R. Judd Robins, MD, United States Air Force Academy

# **Concurrent Symposium 1A – Upper Extremity**

7:25 am-7:40 am Title TBD

Mark E. Morrey, MD, Mayo Clinic

7:40 am-7:55 am Title TBD

Jonah Herbert-Davies, MD, UW Medicine or University of California

Irvine School of Medicine

#### **Concurrent Symposium 1B – Adult Arthroplasty**

7:25 am-7:40 am Title TBD

Eric Cohen, MD, University of Rhode Island

7:40 am-7:55 am Title TBD

Viktor E. Krebs, MD, Cleveland Clinic

#### **Concurrent Session 1A – Upper Extremity**

Moderators: Mark E. Morrey, MD, Mayo Clinic

<sup>\*</sup>CME Credit not available

Jonah Herbert-Davies, MD, UW Medicine or University of California Irvine School of Medicine

7:55 am-8:01 am	249 - ORIF and rTSA for Proximal Humerus Fractures in Young Patients MAJ Michael Baird, MD, Brooke Army Medical Center	
8:01 am-8:07 am	55 - Complete Soft Cast for Adult Distal Radius Fractures: Is It Enough? Is it Safe?  Maj Matthew R. Cant, MBChB, Royal Infirmary, Edinburgh	
8:07 am-8:13 am	9 - Reoperation Risk and Patient Reported Outcomes After Glenoid Fracture Fixation  CAPT Patrick J. McGlone, MD, Walter Reed National Military Medical Center	
8:13 am-8:19 am	76 - Humeral Shaft Fracture Physical Performance Outcomes comparing Surgery and Bracing LT Kieran S.M. Wolf, MD, Naval Medical Center San Diego	
8:19 am-8:25 am	Discussion	
8:25 am-8:31 am	358 - Operative vs Nonoperative Management for Closed Humeral Shaft Fractures in an Active-Duty Military Population <i>CPT Matthew M. McDonough, MD, Womack Army Medical Center</i>	
8:31 am-8:37 am	297 - Reliability of RUSHU Scores for Ballistic Humeral Shaft Fractures Jennifer Eurich, MD, University of Chicago Medical Center	
8:37 am-8:43 am	372 - Lateral Radiograph Technique May Affect Humeral Shaft Fracture Treatment Recommendation  Douglas Zhang, BA, University of Chicago Pritzker School of Medicine	
8:43 am-8:49 am	103 - Impact of Operative Timing for Proximal Humerus Fracture Dislocations on Development of Neurologic Injury and Postoperative Outcomes Alex J. Demers, MD, University of Iowa Department of Orthopedics and Rehabilitation	
8:49 am-8:55 am	Discussion	
Concurrent Session 1B – Adult Arthroplasty  Moderators: Eric Cohen, MD, University of Rhode Island Viktor E. Krebs, MD, Cleveland Clinic		
7:55 am-8:01 am	198 - Comparative Outcomes of GLP-1 Agonist Therapy and Bariatric Surgery Prior to Total Hip Arthroplasty  Kara McConaghy, University of Virginia Health System	
8:01 am-8:07 am	231 - Correlation Between Tibial Cortical Thickness and Volumetric Bone Mineral Density	

Lt Col Matthew W. Booth, MD, MS, Hospital for Special Surgery

8:07 am-8:13 am 112 - Self-Directed vs. Outpatient Therapy After Total Knee Arthroplasty

LT Robert G. Patterson, DO, Naval Medical Center Portsmouth

8:13 am-8:19 am 195 - Compliance with Guidelines for Periprosthetic Joint Infection in

**Arthroplasty Strategies** 

Lt Col Matthew W. Booth, MD, MS, Hospital for Special Surgery

Discussion 8:19 am-8:25 am

8:25 am-8:31 am 199 - Return to Duty Following Total Joint Arthroplasty in Active-Duty

Service Members

Lauren Bartling, MD, Womack Army Medical Center/Cape Fear

Valley Medical Center

8:31 am-8:37 am 210 - Does Race Affect Utilization of Unicompartmental vs. Total Knee

Arthroplasty? Analysis of the Military Health System

CPT Sarah Rabin, MD, MS, Walter Reed National Military Medical

Center

8:37 am-8:43 am 290 - Preoperative Malnutrition May Predict Periprosthetic Fractures in

Total Knee Arthroplasty

Andrew Ni, MD, University of Texas Health Science Center San Antonio

8:43 am-8:49 am 366 - Each Anatomic Distal Femoral Angle Represents a Wide Range of

Mechanical Angles

2nd LT Sydney R. Flanagan, BS, Loyola University Medical Center

8:49 am-8:55 am Discussion

8:55 am-9:15 am Break with Exhibitors

# **Concurrent Panel Discussion 1A – Upper Extremity Trauma**

9:15 am-9:45 am Panel Discussion

Panel: Mark E. Morrey, MD, Mayo Clinic

Jonah Herbert-Davies, MD, UW Medicine or

University of California Irvine School of Medicine

# **Concurrent Panel Discussion 1B- Arthroplasty Cases**

9:15 am-9:45 am Panel Discussion

Panel: Eric Cohen, MD, University of Rhode Island

Viktor E. Krebs, MD, Cleveland Clinic

# Symposium 2 - Sports Shoulder/Elbow

LCDR Andrew Bernhardson, MD, VA Medical Center Chicago Moderator:

9:50 am-10:05 am Title TBD Peter J. Millett, MD, MSc, Steadman Clinic

10:05 am-10:20 am Title TBD

John M. Tokish, MD, Mayo Clinic Arizona

10:20 am-10:40 am Break with Exhibitors

# **General Session 2 – Sports Shoulder/Elbow**

Moderators: Peter J. Millett, MD, MSc, Steadman Clinic

John M. Tokish, MD, Mayo Clinic Arizona

LCDR Andrew Bernhardson, MD, VA Medical Center Chicago

10:40 am-10:46 am 35 - Anterior Glenoid Labral Tear Complexity does not Correlate with

Number of Dislocation Events nor Time from Injury to Surgery in Patients

Receiving Arthroscopic Repair

Justin Ernat, MD, University of Utah Health

10:46 am-10:52 am 52 - PRP vs. Corticosteroid for Glenohumeral OA: Military and Civilian

LT Harrison Diaz, MD, Naval Medical Center San Diego

10:52 am-10:58 am 71 - The Biomechanical Impact of Radial Head Plug Harvests for OATS

LT Hannah Gibbs, MD, Walter Reed National Military Medical Center

10:58 am-11:04 am 90 - Survivability of Latarjet vs. Anterior Glenoid Reconstruction for

Shoulder Instability

CPT Michael K. Deegan, MD, MAMC Orthopaedics

11:04 am-11:10 am Discussion

11:10 am-11:16 am 201 - Pain and Functional Outcomes after Remplissage in Active Duty

Servicemembers: Mid- to Long-Term Outcomes

CPT Brandon H. Chung, DO, William Beaumont Army Medical Center

11:16 am-11:22 am 354 - Distal Tibia Allograft for Recurrent Shoulder Instability: A

Comparison of Open Fresh vs. Arthroscopic Frozen Grafts

CAPT (Ret) Matthew Provencher, MD, MBA, The Steadman Clinic

11:22 am-11:28 am 187 - Outcomes After Posterior Distal Tibia Allograft Reconstruction for

Glenohumeral Instability

LCDR Scott Feeley, MD, Walter Reed National Military Medical Center

11:28 am-11:34 am 325 - Inlay vs. Onlay Fixation of Distal Biceps Tendon Repair

Steven Leary, MD, University of Iowa

11:34 am-11:40 am Discussion

# Panel Discussion 2 – Sports Shoulder/Elbow Cases

Moderator: LCDR Andrew Bernhardson, MD, VA Medical Center Chicago

11:40 am- 12:10 pm Panel Discussion

Panel: Peter J. Millett, MD, MSc, Steadman Clinic John M. Tokish, MD, Mayo Clinic Arizona John D. Kelly IV, MD, University of Pennsylvania Felix H. "Buddy" Savoie III, MD, Tulane University

12:10 pm -1:10 pm Focused Lunch Presentations (4 Rooms)

\*CME Credit not available

1:15 pm-3:00 pm Scientific E-Poster Session

(Presenters will be available to answer questions)

# Rapid Fire Sessions 1A – Trauma

3:34 pm-3:38 pm

3:38 pm-3:42 pm

Rapid Fire Sessions 1A – Trauma		
3:00 pm-3:04 pm	6 - Early Weight Bearing Is Associated with Improved Gait Metrics Within 6 Months of Fracture Fixation: An Analysis of iPhone Health Data CAPT Patrick J. McGlone, MD, Walter Reed National Military Medical Center	
3:04 pm-3:08 pm	185 - Balancing Risk and Benefit: Evaluating Preoperative VTE Prophylaxis in Hip Fractures Capt Andrew D. Maeso, DO, Grandview - Kettering Health Orthopedic Surgery Residency Program	
3:08 pm-3:12 pm	138 - Outcomes of Periarticular Distal Femur Fractures Treated with Local Antibiotics Alexander B. White, MD, Atrium Health Carolinas Medical Center	
3:12 pm-3:16 pm	27 - Outcomes in Patients with Isolated Hip Fractures by Discharge Modality  Andrew Wise, MD, University of Central Florida	
3:16 pm-3:20 pm	136 - Staged Fixation Associated with Higher Complications in Proximal Tibia Fractures  Sarah Stroud, MD, Atrium Health Musculoskeletal Institute	
3:20 pm-3:24 pm	140 - ORIF vs. Primary Subtalar Arthrodesis for Displaced Intraarticular Calcaneal Fractures  Ainsley Bloomer, MD, Atrium Health	
3:24 pm-3:30 pm	Discussion	
3:30 pm-3:34 pm	141 - Complications Following Nail vs. Plate in Bicondylar Tibial Plateau Fractures  Madeline Rieker, MD, Carolinas Medical Center	

142 - Implications of Index Implant at Distal Femur Nonunion Surgery

299 - Reliability of mRUST Scores in Ballistic Lower Extremity Trauma

George D. Graham, MD, Atrium Health Carolinas Medical Center

Jennifer Eurich, MD, University of Chicago Medical Center

3:42 pm-3:46 pm	336 - Hounsfield-Unit Bone Mineral Density Loss After Limb Salvage for High Energy Lower Extremity Trauma CPT Sarah Rabin, MD, MS, Walter Reed National Military Medical Center
3:46 pm-3:50 pm	11 - Regional Blocks Lower Rates of Intubation in Femur Fracture Patients CAPT Patrick J. McGlone, MD, Walter Reed National Military Medical Center
3:50 pm-3:54 pm	97 - Novel Framework Predicts Femur Fracture Outcomes from Stress and Reserve Sumin Jeong, BS, David Geffen School of Medicine at UCLA
3:54 pm-4:00 pm	Discussion
Rapid Fire Sessions	1B– Adult Arthroplasty
3:00 pm-3:04 pm	287 - Metformin to Treat Osteoarthritis in the Knee: A Systematic Review and Meta-Analysis  Capt Matthew H. Naeem, MBBS, Frimley Park Hospital
3:04 pm-3:08 pm	204 - Total Knee Arthroplasty and Restless Legs Syndrome: A Propensity-Matched Cohort CPT CPT Alexis B. Sandler, MD, William Beaumont Army Medical Center
3:08 pm-3:12 pm	289 - Attention-Deficit/Hyperactivity Disorder May Increase Risk of Prosthetic Hip Dislocation  Andrew Ni, MD, University of Texas Health Science Center San Antonio
3:12 pm-3:16 pm	292 - The Impact of Attention-Deficit/Hyperactivity Disorder on Total Knee Arthroplasty Outcomes  Andrew Ni, MD, University of Texas Health Science Center San Antonio
3:16 pm-3:20 pm	16 - Arthroscopic Iliopsoas Lengthening/Tenotomy for Anterior Iliopsoas Impingement After Total Hip Arthroplasty  Capt Tyler M. Goodwin, MD, University of Tennessee Health Science  Center Chattanooga
3:20 pm-3:24 pm	203 - Restless Legs Syndrome Associated with Dislocation after Total Hip Arthroplasty  CPT Alexis B. Sandler, MD, William Beaumont Army Medical Center
3:24 pm-3:30 pm	Discussion
3:30 pm-3:34 pm	25 - Sleep Quality and Recovery in Total Knee Arthroplasty: A Systematic Review  Joshua Hansen MD William Beaumont Army Medical Center

3:34 pm-3:38 pm	38 - An Evaluation of Time-Lag Bias in Hip Fracture Clinical Trials: A Cross-Sectional Analysis  ENS Brandon Rust, BS, Nova Southeastern University College of Osteopathic Medicine
3:38 pm-3:42 pm	253 - American Joint Replacement Registry Participation within the Military Health System  LT Christian J. Coulson, MD, Naval Medical Center Portsmouth
3:42 pm-3:46 pm	352 - Role of BMI in Perioperative Complications Among Patients Undergoing THA Tegshjargal Baasansukh MS, Howard University College of Medicine
3:46 pm-3:50 pm	2 - Time-To-Total Hip Arthroplasty in the Military Health System 2LT Brandon Hillery, BA, Uniformed Services University
3:50 pm-3:54 pm	63 - Sleep Quality, PROMs, and Kinematic Outcomes after TKA CPT William McClelland, MD, William Beaumont Army Medical Center
3:54 pm-4:00 pm	Discussion
Rapid Fire Sessions	1C – Sports Shoulder
3:00 pm-3:04 pm	36 - Variations in Labral Tear Size in Patients Treated Arthroscopically for Posterior Shoulder Instability Does Not Change Outcomes and is not Predicted by Instability History <i>Justin J. Ernat, MD, University of Utah Health</i>
3:04 pm-3:08 pm	87 - Arthroscopic vs. Open Anterior Glenoid Reconstruction in the Military Population CPT Colby Brunette, MD, Madigan Army Medical Center
3:08 pm-3:12 pm	328 - Association Between Baseline PROMS and Incident Glenohumeral Joint Instability  Kenneth L. Cameron, PhD, MPH, Keller Army Hospital
3:12 pm-3:16 pm	88 - Anterior Glenoid Reconstruction vs. Latarjet for Instability with Anterior Glenoid Bone Loss CPT Haley Johnson, MD, MS, Madigan Army Medical Center
3:16 pm-3:20 pm	269 - Glenohumeral Platelet-Rich Plasma Injections in the Sports Medicine Clinic Col. R. Judd Robins, MD, United States Air Force Academy
3:20 pm-3:24 pm	329 - Morphological Characteristics Following Traumatic Posterior Shoulder Dislocations in High-Risk Populations LT Hannah Gibbs, MD, Walter Reed National Military Medical Center
3:24 pm-3:30 pm	Discussion

3:30 pm-3:34 pm	334 - Association Between Baseline Demographics and Glenohumeral Joint Instability Injury  Michael Aderman, MS, Keller Army Community Hospital
3:34 pm-3:38 pm	364 - Cost Comparison of Shoulder Instability Treatment Pathways for Recurrent Shoulder Instability Using Patient-Level Pathway Modeling Decision Tree Analysis  Capt Patrick J. Tansey, MD, University of Texas Medical Branch
3:38 pm-3:42 pm	385 - Suture Retensioning and Posteroinferior Anchor Significantly Improves Bankart Repair Biomechanics  Tyler Perleberg, BS, Steadman Philippon Research Institute
3:42 pm-3:46 pm	99 - Outcomes of Arthroscopic Bankart Repair with and without Biceps Tenodesis in a Military Population Seth Shoap, MD, Penn State Health
3:46 pm-3:50 pm	200 - Establishing Patient-Reported Outcome Measure Thresholds following Acromiclavicular Joint Reconstruction Christopher G. Bacak, MD, William Beaumont Army Medical Center
3:50 pm-3:54 pm	207 - Mid-Term Outcomes of Concomitant Arthroscopic Rotator Cuff Repair and Microfracture of Humeral Head Focal, Full-Thickness Cartilage Lesions CPT Annette Yoon, MD, William Beaumont Army Medical Center
3:54 pm-4:00 pm	Discussion
3:54 pm-4:00 pm  Rapid Fire Sessions	
-	
Rapid Fire Sessions	1D – War Surgery  159 - Treatment Strategy and Complications of Tourniquet Syndrome  Mykyta Tomilin, MD, Dnipropetrovsk Regional Clinical Hospital named
Rapid Fire Sessions 3:00 pm-3:04 pm	1D – War Surgery  159 - Treatment Strategy and Complications of Tourniquet Syndrome  Mykyta Tomilin, MD, Dnipropetrovsk Regional Clinical Hospital named  after I.I. Mechnykov  236 - Insufficient Case Volume for Board Eligibility at Multiple  OCONUS Hospitals
Rapid Fire Sessions 3:00 pm-3:04 pm 3:04 pm-3:08 pm	1D – War Surgery  159 - Treatment Strategy and Complications of Tourniquet Syndrome Mykyta Tomilin, MD, Dnipropetrovsk Regional Clinical Hospital named after I.I. Mechnykov  236 - Insufficient Case Volume for Board Eligibility at Multiple OCONUS Hospitals CPT Kenneth J. Fellows, MD, Brooke Army Medical Center  247 - Bone Mineral Density Measures: Are Hounsfield Units or T-Scores a Better Predictor of Outcomes after OI Surgery? CPT Sarah Rabin, MD, MS, Walter Reed National Military Medical

Col Dmytro Los,	MD, Royal	Centre for	Defence	Medicine

3:20 pm-3:24 pm	312 - Military-Civilian Partnerships Augment Subpecialty-Specific Case Volume Amongst Orthopaedic Traumatologists LT Nicholas M. Panarello, MD, Walter Reed National Military Medical Center	
3:24 pm-3:30 pm	Discussion	
3:30 pm-3:34 pm	360 - Increases in Musculoskeletal Diagnosis Rates Corresponding with the Transition to the Army Combat Fitness Test <i>CPT Elizabeth Rich, MD, MPH, Walter Reed National Military Medical Center</i>	
3:34 pm-3:38 pm	58 - Amputation Patient Population in Iraq, Afghanistan, and Syria: Epidemiology and Future Directions of Care on the Battlefield <i>CPT Alexandria Murphy, MD, MS, Madigan Army Medical Center</i>	
3:38 pm-3:42 pm	320 - VDMT Technique in Transtibial Amputations: Preventing Symptomatic Neuromas and Reduce Postoperative Pain Major Oleh Smyk, MS, Military Medical Clinical Treatment and Rehabilitation Center, Irpin, Ukraine	
3:42 pm-3:46 pm	114 - Infectious Threats in Ukrainian Combat Wounds: A Narrative Review 2LT Grant J Guzzo, BS, Duquesne University College of Osteopathic Medicine	
3:46 pm-3:50 pm	129 - Embedded Unexploded Ordnance Encountered during Combat Casualty Care: A Review of Clinical Management for UK Deployed Service Personnel Major Abigail Bainbridge MBChB, BSC (Hons), Defence Medical Deanary	
3:50 pm-3:54 pm	65 - Bone Mineral Density After Space Flight: Considerations for Mission Readiness Benjamin Fiedler, MD, Baylor College of Medicine	
3:54 pm-4:00 pm	Discussion	
Rapid Fire Sessions 1E – Basic Science		
3:00 pm-3:04 pm	108 - Six-Month Effectiveness of Sustained Acoustic Medicine for Knee Osteoarthritis Stephanie Petterson, PhD, Orthopaedic Foundation	
3:04 pm-3:08 pm	326 - Health Behavior Modification and Symptomology for Posttraumatic Osteoarthritis Knee Injury Kenneth L. Cameron, PhD, MPH, Keller Army Hospital	

3:08 pm-3:12 pm	46 - Anti-Obesity Medications for Obesity-Related Osteoarthritis: A Systematic Review Capt Tim G. Bage, BMBS, BMedSc, DMCC, PGCert, MRCS, University of Oxford
3:12 pm-3:16 pm	202 - Benign Intra-Articular Soft Tissue Tumors Mimicking Hip Septic Arthritis  CPT Alexis B. Sandler, MD, William Beaumont Army Medical Center
3:16 pm-3:20 pm	248 - Can We Validate the Musculoskeletal Infection Society Criteria in Patients Suspected of Infection after Transfemoral Osseointegration Surgery?  CPT Sarah Rabin, MD, MS, Walter Reed National Military Medical Center
3:20 pm-3:24 pm	240 - Impact of Long COVID on Bone Health in U.S. Veterans ENS Zachary L. Morcos, BS, Nova Southeastern University Dr. Kiran C. Patel College of Osteopathic Medicine
3:24 pm-3:30 pm	Discussion
3:30 pm-3:34 pm	252 - Off-Label Use of Sermorelin: A Review of Potential Therapeutic Benefits in Orthopedics  CPT Usama A. Aljameey, DO, Walter Reed National Military Medical Center
3:34 pm-3:38 pm	172 - Inflammatory Arthritis Mimicking Septic Arthritis After Checkpoint Inhibitor Therapy CPT Anson G. Bautista, MD, Dwight D. Eisenhower Army Medical Center
3:38 pm-3:42 pm	110 - Sterile Smartphone Mount for Surgery: Low-Cost, Open-Source Design LT Robert C. Weishar, MD, Naval Medical Center Portsmouth
3:42 pm-3:46 pm	216 - Safety of Celecoxib in Postoperative Patients with Documented Sulfonamide Allergies <i>CPT Josiah Snowden, MD, Brooke Army Medical Center</i>
3:46 pm-3:50 pm	166 - Patient Retention of Explanted Orthopedic Hardware: A Comprehensive Review <i>Micah Ngatuvai, MD, MBA, TUHSC/WBAMC</i>
3:50 pm-3:54 pm	100 - Modeling Cutibacterium Acnes within PJI 2nd LT Sydney R. Flanagan, BS, Loyola University Medical Center
3:54 pm-4:00 pm	Discussion
4:00 pm-4:15 pm	Refreshment Break

208 - Stopping the Second Strike: Infection Control Saves Limbs in War Vasyl Rokyta, First Lviv Territorial Medical Union
32 - Breaking Point: Musculoskeletal Combat Injuries 2001-2023 COL Jerome M Benavides, MD, MBA, MSS, Madigan Army Medical Center
158 - War Time Amputations Mykyta Tomilin MD, Dnipropetrovsk Regional Clinical Hospital
Ballistic War Injuries  Jowan Penn-Barwell, MBChB, MSc, PhD, FRCS (Tr & Orth), Institute of  Naval Medicine
Lessons from the Current Battlefield Samer Attar, MD, Northwestern University
Deployment Lessons Learned from Past War Jean Claude D'Allyrand, MD, University of Pennsylvania
Panel Discussion: Preparing for Deployment/Current Combat Challenges Panel: Samer Attar, MD, Northwestern University Jean-Claude D'Allyrand, MD, University of Pennsylvania Jowan Penn-Barwell, MBChB, MSc, PhD, FRCS (Tr & Orth), Institute of Naval Medicine

# Wednesday, December 10

# **Concurrent Symposium 3A – Lower Extremity Trauma**

7:00 am-7:15 am Title TBD

Kevin D. Martin, DO, Ohio State University Wexner Medical Center

7:15 am-7:30 am Title TBD

Jowan Penn-Barwell, MBChB, MSc, PhD, FRCS (Tr & Orth), Institute of Naval Medicine

# Concurrent Symposium 3B – Hand - Jamie Dianne Bulken-Hoover Memorial Hand Session

Moderator: Capt Dawn Rask, MD San Antonio Military Medical Center

7:00 am-7:15 am Title TBD

Aviram Giladi, MD, MS, Curtis National Hand Center at Union Memorial

7:15 am-7:30 am Title TBD

A. Bobby Chhabra, MD, University of Virginia

# **Concurrent Session 3A – Lower Extremity Trauma**

Jowan Penn-Barwell, MBChB, MSc, PhD, FRCS (Tr & Orth), Institute of Naval Medicine 7:30 am-7:36 am 20 - Single Antibiotic Use with Ceftriaxone for Prophylaxis of all Open Fractures LT Michael W. Koulopoulos, MD, SUNY Upstate 7:36 am-7:42 am 57 - Ring vs. Internal Fixation in Severe Open Tibias: Observational Study CDR Christopher H. Renninger, MD, Walter Reed National Military Medical Center 7:42 am-7:48 am 10 - Neighborhood Disadvantage Is Associated With Outcomes After Open Tibia Fracture CAPT Patrick J. McGlone, MD, Walter Reed National Military Medical Center 7:48 am-7:54 am 123 - Coban Wrapping Significantly Reduces Operative Noise During Intramedullary Nailing LT Evan D. Crawford, DO, Naval Medical Center Portsmouth 7:54 am-8:00 am Discussion 8:00 am-8:06 am 144 - Open Pelvic Fractures with Rectal Injuries: Is Fecal Diversion Necessary? Clay A. Spitler, MD, University of Alabama at Birmingham 8:06 am-8:12 am 222 - A Machine-Learning Framework for Predicting 30-Day Outcomes After Hip Fracture Surgery CPT Benjamin A. Nelson, MD, Walter Reed National Military Medical Center 8:12 am-8:18 am 338 - Closed Reduction of Displaced Young Femoral Neck Fractures LT Nicholas M. Panarello, MD, Walter Reed National Military Medical Center 8:18 am-8:24 am 60 - Acute vs. Delayed Fixation of High-Energy OTA/AO 43C Pilon Fractures Results in Similar Major Complication Rates LT Reinaldo E. Colon-Morillo, MD, Naval Medical Center San Diego Discussion 8:24 am-8:30 am **Concurrent Session 3B – Hand** A. Bobby Chhabra, MD, University of Virginia Moderators:

Kevin D. Martin, DO, Ohio State University Wexner Medical Center

Moderators:

A. Bobby Chnabra, MD, University of Virginia
Aviram Giladi, MD, MS, Curtis National Hand Center at Union Memorial
Capt Dawn Rask, MD San Antonio Military Medical Center

7:30 am-7:36 am 370 - Restoring Nerve Conduction After Injury Using PEG Fusion *CAPT Manuela Gaviria, MS, MD, BAMC* 

7:36 am-7:42 am	311 - Glucose Index: A Biomarker for Digit Revascularization and Replantation  Maj Samuel L. Posey, MD, The Curtis National Hand Center
7:42 am-7:48 am	44 - Minor Room, Major Savings?  LT Karolina A. Serhan, MD, Naval Medical Center Portsmouth
7:48 am-7:54 am	96 - Preoperative Mental Health and Postoperative Outcomes in RPNI Surgery for Post-Amputation Neuromas Aviram Giladi MD, MS, Curtis National Hand Center at Union Memorial
7:54 am-8:00 am	Discussion
8:00 am-8:06 am	179 - Extensor Mechanism Assessment After Thumb Proximal Phalanx Intramedullary Screw Placement: A Cadaveric Study CPT Mariah Arave, MD, Brooke Army Medical Center
8:06 am-8:12 am	363 Optimal Skyline View Angle for Detecting Dorsal Cortex Screw Penetration <i>CAPT Manuela Gaviria, MS, MD, BAMC</i>
8:12 am-8:18 am	371 - Static vs. Dynamic External Fixation to Augment Dupuytren Fasciectomy  LCDR John P. Waggoner, MD, MPH, Naval Medical Center San Diego
8:18 am-8:24 am	121 - A National and Statewide Comparative Analysis of Surgical Conversion Rates for Common Hand and Wrist Fractures and Conditions ENS Anna L. Garrison, BS, Western University of Health Sciences
8:24 am-8:30 am	Discussion
8:30 am-8:50 am	Break with Exhibitors

# **Concurrent Panel Discussion 3A-Lower Extremity Trauma**

8:50 am-9:20 am Panel Discussion

Panel: Kevin D. Martin, DO, Ohio State University Wexner Medical

Center

Jowan Penn-Barwell, MBChB, MSc, PhD, FRCS (Tr &

Orth), Institute of Naval Medicine

# Concurrent Panel Discussion 3B - Hand

Moderator: Capt Dawn Rask, MD San Antonio Military Medical Center

8:50 am-9:20 am Panel Discussion

Panel: A. Bobby Chhabra, MD, University of Virginia

Aviram Giladi, MD, MS, Curtis National Hand Center at Union

Memorial

9:25 am-9:40 am **Business Meeting** 

# Col R. Judd Robins, MD, United States Air Force Academy \*CME Credit not available

# Symposium 4 – Foot and Ankle

Moderator: Capt Paul Schroeder, MD, US Air Force Academy

9:40 am-9:55 am How MIS Changed my Practice

Kevin D. Martin, DO, Ohio State University Wexner Medical Center

9:55 am -10:10 am Treatment of OCD lesions of the foot and ankle

C. Thomas Haytmanek, MD, Steadman Clinic

10:10 am-10:30 am Break with Exhibitors

#### **General Session 4 – Foot and Ankle**

Moderators: C. Thomas Haytmanek, MD, Steadman Clinic

Kevin D. Martin, DO, Ohio State University Wexner Medical Center

Capt Paul Schroeder, MD, US Air Force Academy

10:30 am-10:36 am 105 - Achilles Repair Using a Percutaneous Knotless Bridge Technique

Provides Encouraging Functional Outcomes with Return to Sport

Kyle Huntley, MD, The Ohio State University

10:36 am-10:42 am 106 - Critical Bone Defect & Deformity Correction with a 3D Printed

Cage

CAPT Jacob Priester, MD, UC Davis Medical Center

10:42 am-10:48 am 254 - A Comparison of Spatiotemporal Gait Analysis in Open Haglund's

Resection vs. Percutaneous Zadek Osteotomy for Insertional Achilles

**Tendinopathy** 

CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical

Center

10:48 am-10:54 am 275 - Ankle Fractures with Vascular Calcifications Associated with

**Wound Complications** 

CPT Wyatt A.R. Smith, MD, MPH, San Antonio Military Medical Center

10:54 am-11:00 am Discussion

11:00 am-11:06 am 279 - Preoperative Steroid Injections and Periprosthetic Infection Risk in

Ankle Arthroplasty

Andrew Ni, MD, University of Texas Health Science Center San Antonio

11:06 am-11:12 am 29 - Return to Duty in Nonoperative vs. Mini Open Achilles Repair

LCDR Jordan G Tropf, MD, US Naval Hospital Guam

11:12 am-11:18 am 62 - Is Total Ankle Arthroplasty Adequately Compensated? A Propensity

Score-Matched Comparison of Work Relative Value Units with Other

Joint Arthroplasties

LT Andrew D. Lachance, MD, Guthrie Clinic

11:18 am-11:24 am 184 - Zone 1 Endoscopic Flexor Hallucis Longus Tendon Transfer, a

Biomechanical Analysis

Kevin D. Martin, DO, Ohio State University Wexner Medical Center

11:24 am-11:30 am Discussion

#### **Panel Discussion 4: Foot and Ankle**

Moderator: Capt Paul Schroeder, MD, US Air Force Academy TBD

11:30 am-12:00 pm Panel Discussion

Panel: C. Thomas Haytmanek, MD, Steadman Clinic

Kevin D. Martin, DO, Ohio State University Wexner Medical

Center

12:00 am-1:00 pm Focused Lunch Presentations (4 Rooms)

\*CME Credit not available

1:15 pm-3:00 pm Scientific E-Poster Session

(Presenters will be available to answer questions)

#### **Rapid Fire Sessions 2A – Basic Science**

3:00 pm-3:04 pm 146 - Closed Reductions of Partial Sacroiliac Joint Injuries: Finite Element

Study

Ryan Serbin, MD, Atrium Health Musculoskeletal Institute

3:04 pm-3:08 pm 169 - Longitudinal Relationships Between Pain, Depression, and Anxiety

after Extremity Injuries

Phillip T. Grisdela, MD, Harvard Combined Orthopaedic Residency

Program

3:08 pm-3:12 pm 350 - Intraoperative Multidimensional Fluoroscopy Leads to Surgeon

Modification of Reduction and Implant Fixation

PT Umar A. Khan, MD, Walter Reed National Military Medical Center

3:12 pm-3:16 pm 59 - How Good are We at Getting it Right? Anatomic Reductions are

Rarely Achieved for Severely Displaced Pilon Fractures and this Portends

Severe Osteoarthritis

LT Reinaldo E. Colon-Morillo, MD, Naval Medical Center San Diego

3:16 pm-3:20 pm 61 - Anterolateral Distal Tibia Locking Plates Result in Fewer Major

Complications than Medial Distal Tibia Locking Plates

LT Reinaldo E. Colon-Morillo, MD, Naval Medical Center San Diego

3:20 pm-3:24 pm 14 - Incidence and Management of Periprosthetic Fractures in

Transfemoral Osseointegrated Implants

CPT Colin Harrington, MD, Walter Reed National Military Medical

Center

3:24 pm-3:30 pm	Discussion
3:30 pm-3:34 pm	66 - Short vs. Long Leg Splints for Stabilization of Tibia Fractures 2LT Dalton J. Ennis, BS, Saint Louis University School of Medicine
3:34 pm-3:38 pm	122 - Does Surgeon Severity Ranking of Ankle Fractures Correlate with Gait?
	Natalie Marenghi, Atrium Health Musculoskeletal Institute
3:38 pm-3:42 pm	178 - Lead Levels Remain High after Gunshot Wounds and Retained Bullets  Jennifer Lewis, BA, University of Chicago
3:42 pm-3:46 pm	302 - Preoperative Planning for Orthopaedic Trauma: Efficacy of Structured Instruction
	CPT Marc Nicholes, DO, William Beaumont Army Medical Center
3:46 pm-3:50 pm	375 - Estimation of Distal Femoral Interlocking Screw Length Using Anatomic Zones
	Douglas Zhang BA, University of Chicago Pritzker School of Medicine
3:50 pm-3:54 pm	67 - Intraoperative Bone Quality Assessments are Accurate Compared to HU Measurements
	Jennifer Lewis, BA, University of Chicago
3:54 pm-4:00 pm	Discussion
Rapid Fire Sessions	2B– Hand
3:00 pm-3:04 pm	271 - Emergent Smart Ring Removal: A Review of Manufacturer Safety Information  LT Parker Rea, MD, Naval Medical Center San Diego
2.04	
3:04 pm-3:08 pm	315 - Upper Extremity Perioperative Thromboprophylaxis Protocols: A Systematic Review and Meta-Analysis <i>CAPT Nadiya Yerich, MD, Brooke Army Medical Center</i>
3:08 pm-3:12 pm	49 - Identifying Risk Factors for Reintervention Following Closed Reduction and Percutaneous Pinning of Metacarpal Fractures Capt Natalia Pluta, MD, MS, Brooke Army Medical Center
3:12 pm-3:16 pm	176 - Distal Radius Fracture ED Management: Guide for Junior Residents Mohammed A. Pourghaed, MD, William Beaumont Army Medical Center
3:16 pm-3:20 pm	230 - Crescentic Osteotomy for Metacarpal Malunion: A Novel Surgical Technique  LT Thomas J. Berault, MD, Naval Medical Center Portsmouth

3:20 pm-3:24 pm	300 - Modern Approach to Wrist Arthroscopy Utilizing the TRIMANO Support Arm CPT Zachary Hubler, DO, Eisenhower Army Medical Center	
3:24 pm-3:30 pm	Discussion	
3:30 pm-3:34 pm	317 - Outcomes of Surgical Thumb Collateral Ligament Injuries in Servicemembers <i>CPT John A. Wahl, MD, MS, Tripler Army Medical Center</i>	
3:34 pm-3:38 pm	43 - Distal Radius Fractures Among Active Duty Service Members Mark Schmitt MD, MS, Carilion Clinic	
3:38 pm-3:42 pm	344 - High-Pressure Injection Injuries of the Upper Extremity: An Updated Review LT Kyle P. Wieschhaus, MD, Naval Medical Center Portsmouth	
3:42 pm-3:46 pm	75 - Pre-Hospital Tourniquet Use: A Double-Edged Sword LT Karolina A. Serhan, MD, Naval Medical Center Portsmouth	
3:46 pm-3:50 pm	34 - Return-to-Duty with a Novel Treatment Approach for Scaphoid NonUnion Repair Using a 3D Printed Cast Kathleen McKeon, MD, Kathleen McKeon	
3:50 pm-3:54 pm	68 - Dynamic-only External Fixation for a Chronic PIPJ Dislocation: Case Report  LT Isaiah Jackson, MD, Naval Medical Center Portsmouth	
3:54 pm-4:00 pm	Discussion	
Rapid Fire Sessions 2C – Foot & Ankle		
3:00 pm-3:04 pm	260 - Analysis of Union Rates, Functional Outcomes and Complications after the Use of Autograft vs. Allograft in Midfoot and Hindfoot Arthrodesis  CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical  Center	
3:04 pm-3:08 pm	274 - Comparing Patient Reported Outcomes and Complications Following Open vs. Minimally Invasive Double and Triple Arthrodesis for Rigid Flatfoot Deformity: A Retrospective Analysis CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center	
3:08 pm-3:12 pm	301 - Adverse Outcomes of Definitive External Fixation in Diabetic Ankle Fractures Cameron Bowers, BS, University of Texas Medical Branch	
3:12 pm-3:16 pm	381 - Biomechanical Evaluation of Nitinol vs. Plate Fixation in MTP Arthrodesis	

	LT (Ret.) Taylor Calibo, BS, MSc, Steadman and Philippon Research Institute	
3:16 pm-3:20 pm	19 - Percutaneous Intramedullary Screws for Lesser Metatarsal Fractures May Injure the Flexor Tendons: A Cadaveric Study CPT James D. Baker, MD, San Antonio Military Medical Center	
3:20 pm-3:24 pm	118 - Comparative Outcomes in Tibiotalocalcaneal Fusion with or without Bioactive Glass <i>Kate Donnelly, MD, LSUHSC Orthopedic Surgery</i>	
3:24 pm-3:30 pm	Discussion	
3:30 pm-3:34 pm	181 - Evaluation of Radiographic Height of the Ankle Joint in Healthy Controls  CPT Kyle J. Klahs, DO, William Beaumont Army Medical Center	
3:34 pm-3:38 pm	353 - Screening for Poor Bone Mineral Density using Opportunistic Foot Radiographs  CPT Usama A. Aljameey, DO, Walter Reed National Military Medical  Center	
3:38 pm-3:42 pm	229 The Pinch Test for the Diagnosis of Unstable Lisfranc Injuries LT Thomas J. Berault, MD, Naval Medical Center Portsmouth	
3:42 pm-3:46 pm	235 - Epidemiology of Achilles Tendon Ruptures in Professional American Football Players CPT James Pruneski, MD, Tripler Army Medical Center	
3:46 pm-3:50 pm	309 - Biomechanical Evaluation of Isolated Lateral Malleolar Fixation in Bimalleolar Ankle Fractures  LT Nicholas M. Panarello, MD, Walter Reed National Military Medical Center	
3:50 pm-3:54 pm	327 - Flat Feet and Risk of Stress Fracture in College-Aged Women Lakin Hatcher, BA, Howard University, College of Medicine	
3:54 pm-4:00 pm	Discussion	
Rapid Fire Sessions 2D – Shoulder Arthroplasty		
3:00 pm-3:04 pm	218 - Reverse Total Shoulder Arthroplasty Fails to Improve Self-Reported Shoulder Strength  Capt Briana M. Pompa-Hogan, MD, Brooke Army Medical Center	
3:04 pm-3:08 pm	245 - Promising Low Revisions Rates with Shoulder Arthroplasty in Young Patients  MAJ Michael Baird, MD, Brooke Army Medical Center	

3:08 pm-3:12 pm	291 - Risk Factors for Conversion Shoulder Arthroplasty After Proximal Humerus Fixation Andrew Ni, MD, University of Texas Health Science Center San Antonio
3:12 pm-3:16 pm	304 - Patients with History of Cervical Spine Surgery Demonstrate Worse Patient Reported Outcomes After Shoulder Arthroplasty CPT Franklin J. Powlan, MD, William Beaumont Army Medical Center
3:16 pm-3:20 pm	237 - Cost of Publishing in Orthopaedic Research LT David A Cieremans, DO, MS, Naval Medical Center Portsmouth
3:20 pm-3:24 pm	5 - Why Primary Reverse Total Shoulder Arthroplasties Fail Today: A Systematic Review and Meta-Analysis LT Andrew J. Recker, MD, Wake Forest School of Medicine
3:24 pm-3:30 pm	Discussion
3:30 pm-3:34 pm	72 - Predictors of Regaining the Ability to Sleep After Shoulder Arthroplasty 2nd LT Sydney R. Flanagan, BS, Loyola University Medical Center
3:34 pm-3:38 pm	303 - A Case Series Establishing Safe Same-Day Revision Shoulder Arthroplasty  CPT John K. McNamara, MD, William Beaumont Army Medical Center / Texas Tech
3:38 pm-3:42 pm	306 - Humeral Head Autograft vs. Augmented Glenoid Baseplates in Reverse Total Shoulder Arthroplasty CPT Cole Johnson, MD, William Beaumont Army Medical Center
3:42 pm-3:46 pm	41 - Outcomes of Modular Diaphyseal vs. Non-Modular Metaphyseal rTSA Stem for Three- and Four-Part Proximal Humerus Fractures <i>LT Andrew D. Lachance, MD, Guthrie Clinic</i>
3:46 pm-3:50 pm	83 - Selective Pre-Operative Corticosteroid Injections do not Impair Post-Operative Outcomes following Total Shoulder Arthroplasty <i>Matthew W. Parry, MD, MS, Geisinger</i>
3:50 pm-3:54 pm	4 - Stress Shielding: Traditional vs. Short Stem Humeral Prostheses in TSA  Jacques Van Zyl, BS, University of Alabama at Birmingham
3:54 pm-4:00 pm	Discussion
Rapid Fire Sessions 2E – Sports Medicine	

3:00 pm-3:04 pm 217 - Immediate Weightbearing After Meniscal Root Repair *Jacob D. Schultz, MD, Vanderbilt University Medical Center* 

3:04 pm-3:08 pm	238 - Higher MACI Conversion Rate following Cartilage Biopsy in Military Population 2d Lt Ryan M Sanborn, BA, Uniformed Services University of the Health Sciences
3:08 pm-3:12 pm	314 - Assessing Military Artificial Intelligence Responses to ACL Injury FAQs  T. Andrew J. Rosso, MD, Naval Medical Center San Diego
3:12 pm-3:16 pm	330 - Protective Effects of ACE Inhibitors on Developing Ankylosis of the Knee Following Knee Injury Nadia Hackett, Howard University, College of Medicine
3:16 pm-3:20 pm	53 - Role of Superficial Peroneal Nerve Compression in Exertional Compartment Syndrome  MAJ Nathan P. Thomas Jr., MD, Brian D Allgood Army Community  Hospital
3:20 pm-3:24 pm	349 - Revision Posterior Labral Repair: Outcomes and Risk Factors for Failure  LT Aidan McQuade, MD, Walter Reed National Military Medical Center
3:24 pm-3:30 pm	Discussion
3:30 pm-3:34 pm	102 - Rotator Cuff Tears – An International Consensus Delphi Statement ENS Lindsey G. Johnson, MBA, BS, Duke University
3:34 pm-3:38 pm	278 - Incidental Findings of Shoulder Instability for Incoming Service Academy Members  Col. R. Judd Robins MD United States Air Force Academy
3:38 pm-3:42 pm	331 - Comparative MRI and CT Evaluation of Traumatic Posterior Shoulder Dislocation LT Hannah Gibbs, MD, Walter Reed National Military Medical Center
3:42 pm-3:46 pm	130 - Driving Biomechanics after Upper Extremity Surgery 2nd LT Sydney R. Flanagan, BS, Loyola University Medical Center
3:46 pm-3:50 pm	205 - Establishing the Patient-Reported Outcome Measure Thresholds following Arthroscopic Remplissage CPT Annette Yoon MD, William Beaumont Army Medical Center
3:50 pm-3:54 pm	378 - Biomechanical Comparison of Single vs Double Double-Row Bony Bankart Repair  LT (Ret.) Taylor Calibo, BS, MSc, Steadman and Philippon Research  Institute
3:54 pm-4:00 pm	Discussion
4:00 pm-4:15 pm	Refreshment Break

# Special Session 2 - Finance for the Military Orthopaedic Surgeon

4:15 pm - 5:15 pm Finance for the Military Orthopaedic Surgeon

James Dahle, MD, White Coat Investor

5:20 pm- 6:20 pm Service Breakouts/Reserve Info Session

\*CME Credit not available

# Thursday, December 11 - Warren Kadrmas Memorial Sports Day

# **Concurrent Symposium 5A – Sports Knee**

7:00 am-7:15 am Title TBD

Eric C. McCarty, MD, University of Colorado School of Medicine

7:15 am-7:30 am Title TBD

Armando F. Vidal, MD, Steadman Clinic

#### **Concurrent Symposium 5B – Tumor**

Moderator: MAJ Gabriel J. Pavey, MD, Madigan Army Medical Center

7:00 am-7:15 am Title TBD

Jonathan A. Forsberg, MD, PhD, Memorial Sloan Kettering Cancer

Center

7:15 am-7:30 am Distraction Osteogenesis for Large Defects in Sarcoma

Daniel Prince, MD, Memorial Sloan Kettering Cancer Center

# **Concurrent Session 5A – Sports Knee**

Moderators: Eric C. McCarty, MD, University of Colorado School of Medicine

Armando F. Vidal, MD, Steadman Clinic

7:30 am-7:36 am 285 - Graft Comparison for ACL Reconstruction: Outcomes and

Postoperative Strength Testing

MAJ Connor Venrick, MD, Keller Army Community Center at West Point

7:36 am-7:42 am 132 - Blumensaat Line on Lateral Radiograph as a Correlation of ACL

Length Measured on MRI

LT Frederic B. Mills, MD, MS, Duke University Health System

7:42 am-7:48 am 276 - Knee Joint Platelet-Rich Plasma Injections in the Sports Medicine

Clinic

Col. R. Judd Robins, MD, United States Air Force Academy

7:48 am-7:54 am 369 - Baseline Measures of Psychology and Mental Health Among

Patients Undergoing ACLR: An IMPACT Cohort Study

Lt Col Andrew J. Sheean, MD, Brooke Army Medical Center

7:54 am-8:00 am	Discussion
8:00 am-8:06 am	150 - A Large-Scale Analysis of Secondary ACL Injuries in Pediatric and Adolescent Populations  CPT James Pruneski, MD, Tripler Army Medical Center
8:06 am-8:12 am	42 - Larger Lateral Femoral Condyle-to-Tibial Plateau Ratio Elevates Risk of Primary and Revision ACL Tears  Justin J. Ernat, MD, University of Utah Health
8:12 am-8:18 am	143 - Does MCL Repair with Bracing Restore Native Joint Stability, Strength?  Ryan Serbin MD, Atrium Health Musculoskeletal Institute
8:18 am-8:24 am	357 - Fresh Patellar Tendon (BTB) Maintains Native Viability, Improved Gene Expression, and Superior Biomechanics Compared to Frozen Tendons  CAPT (Ret) Matthew Provencher, MD, MBA, The Steadman Clinic
8:24 am-8:30 am	Discussion
Danie	5B – Tumor Ian A. Forsberg, MD, PhD, Memorial Sloan Kettering Cancer Center I Prince, MD, Memorial Sloan Kettering Cancer Center Gabriel J. Pavey, MD, Madigan Army Medical Center
7:30 am-7:36 am	79 - Giant Cell Tumor of Bone: Results of Anti-Sclerostin Therapy CPT Jonah M. Liwag, MD, Tripler Army Medical Center
7:36 am-7:42 am	74 - Reconstruction for Primary Bone Cancer: MHS Data Repository Retrospective Analysis  LT Kieran S.M. Wolf, MD, Naval Medical Center San Diego
7:42 am-7:48 am	298 - Island vs. Inland: The Geographic Epidemiology of Sarcomas in Hawaii and the Mainland <i>CPT Andrew R. Cooper, MD, Tripler Army Medical Center</i>
7:48 am-7:54 am	94 - Tenosynovial Giant Cell Tumor in the Military: Retrospective Analysis  LCDR Anneliese E Vitha, MD, Naval Medical Center San Diego
7:54 am-8:00 am	Discussion
8:00 am-8:06 am	
	318 - Radiation Associated Fractures and Their Complications: A Systematic Review CPT Nicole E Butler, MD, Tripler Army Medical Center

8:12 am-8:18 am 209 - Recovery After Surgical Treatment of Benign Bone Tumors in the

Military

CPT Courtney Lavin, MD, Madigan Army Medical Center

8:18 am-8:24 am 283 - Biomechanical Assessment of Bone Loss in Transfemoral and Knee

**Disarticulation Amputees** 

Surg Lt Cdr (RN) Louise McMenemy, MBBS, BSc(hons), Imperial College

London

8:24 am-8:30 am Discussion

# **Concurrent Panel Discussion 5A – Sports Knee**

8:30 am-9:00 am Panel Discussion

Panel: Annunziato Ned Amendola, MD, Duke University

Eric C. McCarty, MD, University of Colorado School of Medicine

Armando F. Vidal, MD, Steadman Clinic

# **Concurrent Panel Discussion 5B - Tumor**

Moderator: MAJ Gabriel J. Pavey, MD, Madigan Army Medical Center

8:30 am-9:00 am Panel Discussion

Panel: Jonathan A. Forsberg, MD, PhD, Memorial Sloan Kettering

Cancer Center

Daniel Prince, MD, Memorial Sloan Kettering Cancer Center

9:00 am-9:15 am Refreshment Break

# **Special Session 3 – Orthopedics Looking Forward**

9:15 am- 9:35 am Artificial Intelligence

COL Daniel J. Stinner, MD, PhD, Vanderbilt University Medical Center

9:35 am- 9:55 am Orthopedic Innovation

Marc J. Philippon, MD, Steadman Clinic and Steadman Philippon

9:55 am - 10:15 am AAOS Presidential Address: Future Challenges in Orthopedics

Annunziato Ned Amendola, MD, Duke University

10:15 am- 10:45 am Questions & Answers/Panel Discussion

# **Special Session 4 – Perioperative Medicine**

10:45 am- 10:55 am Perioperative Medicine

David Kuppersmith, MD, Steadman Clinic

10:55 am- 11:15 am Perioperative Nutrition

Diana Nguyen, MS, RDN, Human Performance Program, Ft Bragg

11:15 am-12:15 pm **Focused Lunch Presentations** (4 Rooms)

# \*CME Credit not available

12:15 pm-2:30 pm Scientific E-Poster Session

(Presenters will be available to answer questions)

# Rapid Fire Sessions 3A – Sports Knee

2:30 pm-2:34 pm	86 - 3D-Printed Offloading Knee Brace Improves Patellofemoral OA Function and Pain Matthew W. Parry, MD, MS, Geisinger
2:34 pm-2:38 pm	335 - Novel Patellofemoral Unloader Brace Demonstrates Significant Improvements in OA Patients Simon Goertz, MD, MGB
2:38 pm-2:42 pm	295 - Anatomic MPFLR Is Safe and Durable for Skeletally Immature Patients  ENS Joseph R. Fontana, BA, University of Virginia School of Medicine
2:42 pm-2:46 pm	73 - Biomechanical Comparison of Staple vs. Suture Anchor: Modified Lemaire LET LT Hannah Gibbs, MD, Walter Reed National Military Medical Center
2:46 pm-2:50 pm	333 - Association of Sleep Disorder Diagnosis with Patient-Reported Outcomes After Anterior Cruciate Ligament Reconstruction LT Janse Schermerhorn, MD, Walter Reed National Military Medical Center
2:50 pm-2:54 pm	78 - Biomechanical Evaluation of Hybrid vs. Screw Tibial ACL Fixation LT Hannah Gibbs, MD, Walter Reed National Military Medical Center
2:54 pm-3:00 pm	Discussion
3:00 pm-3:04 pm	30 - Distinct Proximal Tibial Morphometric Parameters in Primary ACL Tears vs. Re-Tears  Justin J. Ernat, MD, University of Utah Health
3:04 pm-3:08 pm	337 - Primary ACL Reconstruction Among Service Members: A MOTION Cohort Analysis Lt Col Andrew J. Sheean, MD, Brooke Army Medical Center
3:08 pm-3:12 pm	384 - Biomechanical Evaluation of Posterior Segmental Medial Meniscal Allograft Transplantation  LT (Ret.) Taylor Calibo, BS, MSc, Steadman and Philippon Research  Institute
3:12 pm-3:16 pm	173 - Donor Site Morbidity at Six Months Following ACL Autograft Harvest LT Andrew J. Recker, MD, Wake Forest School of Medicine

3:16 pm-3:20 pm	386 - Suture Anchor vs. Transtibial Repair for Meniscal Root Tears LT (Ret.) Taylor Calibo, BS, MSc, Steadman and Philippon Research Institute	
3:20 pm-3:24 pm	33 - Body Mass Index Not Associated with Risk of Revision Anterior Cruciate Ligament Reconstruction Failure George D. Graham, MD, Atrium Health Carolinas Medical Center	
3:24 pm-3:30 pm	Discussion	
Rapid Fire Sessions 3B – Basic Science		
2:30 pm-2:34 pm	89 - Elevated CD14 Expression in Blood of Patients with Shoulder Osteoarthritis  Captain Colby Brunette, Bsc, MD, Madigan Army Medical Center	
2:34 pm-2:38 pm	270 - Deflazacort and SOSTab Synergistically Improve Bone Microarchitecture in Dystrophin-/-/Utrophin-/- Mice Xueqin Gao MD, PhD, Steadman Philippon Research Institute	
2:38 pm-2:42 pm	170 - Hounsfield Units for Osteoporotic Hip Fracture Screening ñ A Biomechanical Evaluation <i>CPT Akshat Parekh, MD, Meng, WRNMMC Orthopaedic Surgery</i>	
2:42 pm-2:46 pm	286 - Impact of Preoperative Antibiotic Administration on Culture Positivity in Musculoskeletal Infections: A Preclinical Investigation Lauren Luther, MD, Vanderbilt University Medical Center	
2:46 pm-2:50 pm	160 - Bone Morphogenetic Protein 4 mRNA Improves Cartilage Repair in Osteoarthritis  Keisuke Nakayama MD, PhD, Steadman Philippon Research Institute	
2:50 pm-2:54 pm	116 - Insertional Torque and Pull-Out Strength for Re-inserted Porous Threaded Implants  COL (Ret) David W. Polly Jr., MD, University of Minnesota	
2:54 pm-3:00 pm	Discussion	
3:00 pm-3:04 pm	342 - Quadriceps and Patellar Tendon Moduli in Functional Ranges of Strain Akshat Parekh MD, Meng, WRNMMC Orthopaedic Surgery	
3:04 pm-3:08 pm	206 - Characterizing Periostin Expression in a Rat model of Shoulder Instability  James C. Nepola, BS, University of Iowa	
3:08 pm-3:12 pm	124 - Enhancing Interfragmentary Compression with Divergent Locking Screws: A Biomechanical and Cadaveric Study of Insertion Order and Screw Angulation  James W. Johnson, PhD, Enovis	

3:12 pm-3:16 pm	281 - Bioactive Glass Dressings For Infected Wounds: A Systematic Review Capt Nandesh C Patel, MBChB, BSc (Hons), British Army
3:16 pm-3:20 pm	288 - Novel Fracture Non-Union Animal Model Using In-Vivo Monitoring of Infection Major Louise A. Robiati BSc (Hons), MBChB (Hons), MSc SEM, PhD, Academic Department of Military Surgery and Trauma
3:20 pm-3:24 pm	188 - Differential Gene Expression in SLAP Tears and Shoulder Instability  CPT Caleb D. Gerber, MD, MBA, Madigan Army Medical Center
3:24 pm-3:30 pm	Discussion
Rapid Fire Sessions	3C - Practice Management / Education and Artificial Intelligence
2:30 pm-2:34 pm	174 - Using AI to Evaluate Citation Integrity in Medical Literature CPT William McClelland, MD, William Beaumont Army Medical Center
2:34 pm-2:38 pm	186 - The Effect of Surgeon Initiated Phone Calls on Pain Scores and Postoperative Communication  Capt Andrew D. Maeso, DO, Grandview - Kettering Health Orthopedic Surgery Residency Program
2:38 pm-2:42 pm	1 - Dollars and Disparities: Executive Compensation in American Non-Profit Healthcare <i>CPT Joshua A. Hansen, MD, William Beaumont Army Medical Center</i>
2:42 pm-2:46 pm	215 - Appropriateness of Patients Transferred With Orthopedic Injuries: A Retrospective Study  Capt Cole R. Phelps, BS, DO, SAUSHEC Orthopaedic Surgery
2:46 pm-2:50 pm	21 - Open Marketplace Platform Increases Operating Room Utilization LT Andrew J. Recker, MD, Wake Forest School of Medicine
2:50 pm-2:54 pm	107 - Orthopedic Healthcare Disparity Effects on US Military Readiness and Retention CPT Cecelia O. Brown, MS, MD, Womack Army Medical Center
2:54 pm-3:00 pm	Discussion
3:00 pm-3:04 pm	45 - Burnout and Work-Life Attributes Across Japanese and American Orthopaedic Surgeons CDR Lucas S. McDonald, MD, MPHTM, Naval Medical Center San Diego
3:04 pm-3:08 pm	296 - Utilization and cost of PRP covered by TRICARE: 2019-2024 LT Addison G. Cantor, Naval Medical Center Portsmouth

3:08 pm-3:12 pm	175 - Prevalence of AI Contribution to Orthopedic Abstracts: 2015 vs 2024 Mohammed A. Pourghaed, MD, William Beaumont Army Medical Center
3:12 pm-3:16 pm	137 - Predictive Modeling of Unplanned Emergency Department Utilization in Hip Osteoarthritis Patients  LT Frederic B. Mills, MD, MS, Duke University Health System
3:16 pm-3:20 pm	80 - Child Opportunity Index 3.0 and its Effects on ACLR PT Utilization LT Hannah Gibbs, MD, Walter Reed National Military Medical Center
3:20 pm-3:24 pm	180 - A Longitudinal Analysis of Physician Suicide: Trends and Insights <i>Micah Ngatuvai, MD, MBA, TUHSC/WBAMC</i>
3:24 pm-3:30 pm	Discussion
Rapid Fire Sessions	3D – Spine
2:30 pm-2:34 pm	223 - An Early Outcomes and Compensation Trends Analysis of 51,216 Single-Level Laminectomy Patients  LT Anthony M. Smyth, MD, University of Colorado School of Medicine
2:34 pm-2:38 pm	225 - A Machine-Learning Framework for Predicting 30-Day Outcomes After Lumbar Decompression CPT Benjamin A. Nelson, MD, Walter Reed National Military Medical Center
2:38 pm-2:42 pm	293 - A Machine-Learning Framework for Predicting 30-Day Outcomes After Anterior Cervical Discectomy and Fusion CPT Benjamin A. Nelson, MD, Walter Reed National Military Medical Center
2:42 pm-2:46 pm	17 - Systematic Review of Vertebral Artery Injury in Cervical Arthroplasty Gonzalo Del Rio Montesinos, BS, Universidad Central del Caribe
2:46 pm-2:50 pm	64 - Anterior Ultrasound Imaging of the Lumbar Spine: Defining Normal Parameters  CPT Cody D. Schlaff, MD, Walter Reed National Military Medical Center
2:50 pm-2:54 pm	305 - Perioperative Complications of ALIF and PLIF in Veterans CPT Megan E. Barney, MS, MD, Brooke Army Medical Center
2:54 pm-3:00 pm	Discussion
3:00 pm-3:04 pm	272 - Staged vs. Simultaneous Tandem Spinal Stenosis Surgery: Clinical Outcomes & Costs 2LT Malina O Hatton, MB, Harvard Medical School

3:04 pm-3:08 pm	40 - Outcomes following Endoscopic Spine Surgery in Active Duty Military LT David Musher, MD, Naval Medical Center Portsmouth	
3:08 pm-3:12 pm	115 - Rod Placement and Tulip Design on Screw-Rod Gripping Capacity COL (Ret) David W. Polly Jr., MD, University of Minnesota	
3:12 pm-3:16 pm	92 - Traumatic Subarachnoid Pleural Fistula after Motorcycle Crash: a Case Report <i>CPT Michael K. Deegan, MD, MAMC Orthopaedics</i>	
3:16 pm-3:20 pm	321 - Spine Injuries Resulting from Migration-Related Vehicular Pursuits CPT David Fogg, MD, William Beaumont Army Medical Center	
3:20 pm-3:24 pm	109 - Risk Factors for Cervicalgia in Active-Duty Rotary Wing Aviators CPT Cecelia O. Brown, MS, MD, Womack Army Medical Center	
3:24 pm-3:30 pm	Discussion	
Rapid Fire Sessions 3E – Trauma		
2:30 pm-2:34 pm	376 - A Novel Method of Estimating Distal Tibial Interlocking Screw Length Douglas Zhang, BA, University of Chicago Pritzker School of Medicine	
2:34 pm-2:38 pm	145 - Evaluating Web-Based Septic Arthritis Calculator in Urban Trauma Settings Ryan Serbin, MD, Atrium Health Musculoskeletal Institute	
2:38 pm-2:42 pm	224 - Clavien-Dindo Classification Scale for Complications Following Hip Fractures CPT Matthew W. Feldman, MD, Madigan Army Medical Center	
2:42 pm-2:46 pm	284 - Talus Fractures with Extrusion Have High Rate of Long-Term Complications  Capt Abby Viglione, MD, Travis Air Force Base/University of California Davis	
2:46 pm-2:50 pm	322 - Migration-Related Vehicular Pursuits: An Assessment of the Orthopaedic Healthcare Burden CPT David Fogg, MD, William Beaumont Army Medical Center	
2:50 pm-2:54 pm	348 - Modified CT Sagittal Measure for Posterior Wall Acetabulum Fractures  LT Nicholas M. Panarello, MD, Walter Reed National Military Medical Center	
2:54 pm-3:00 pm	Discussion	

3:00 pm-3:04 pm	377 - Patient Adherence to VTE Prophylaxis Following Major Extremity Trauma Douglas Zhang, BA, University of Chicago Pritzker School of Medicine
3:04 pm-3:08 pm	7 - Predicting Post-Fracture Recovery with Smartphone Mobility Data: A Proof-of-Concept Study CAPT Patrick J. McGlone, MD, Walter Reed National Military Medical Center
3:08 pm-3:12 pm	28 - A Systematic Review on Bioglass for Treating Fractures and Infection  Major Henry A. Claireaux, MB, ChB, British Army
3:12 pm-3:16 pm	177 - Loss to Follow-Up after GSW Does Not Impact Pain, Recovery Jennifer Lewis, BA, University of Chicago
3:16 pm-3:20 pm	268 - Training Completion in Marine Recruits with Tibial Stress Fractures LT Kristine M. Obletz, MD, Naval Medical Center San Diego
3:20 pm-3:24 pm	267 - Functional Outcomes After Tibial Shaft Fractures in Active Duty Service Members CPT Gregory Rummel, MD, USUHS
3:24 pm-3:30 pm	Discussion
3:30 pm-3:40 pm	Refreshment Break
Best of SOMOS – Award Presentations	

Moderators: Lt. Col. Aaron E. Barrow, MD, Eglin Air Force Base Maj Stuart J. Davidson, MD, US Air Force Academy

3:40 pm-3:46 pm	Founders' Award
3:46 pm-3:52 pm	Norman T. Kirk Award
3:52 pm-3:58 pm	Jamie Dianne Bulken-Hoover Memorial - Best Hand Paper Award
3:58 pm-4:04 pm	Best Spine Paper Award
4:04 pm-4:10 pm	Shoulder Instability Award
4:10 pm-4:15 pm	Discussion

# Special Session 5 – Allgood Award Winners

4:15 pm-4:25 pm	Presentation of Allgood Award
4:25 pm-5:15 pm	Panel Discussion

# Friday, December 12

# **Concurrent Symposium 6A – Spine**

7:00 am-7:15 am Title TBD

John G. DeVine, MD, Medical College of Georgia at Augusta University

7:15 am-7:30 am Title TBD

John France, MD, West Virginia University

#### **Concurrent Symposium 6B – Pediatrics**

7:00 am-7:15 am Title TBD

Shital Parikh, MD, Cincinnati Children's Hospital

7:15 am-7:30 am Title TBD

Matthew R. Schmitz, MD, Rady Children's Hospital

#### **Concurrent Session 6A – Spine**

Moderators: John G. DeVine, MD, Medical College of Georgia at Augusta University

John France, MD, West Virginia University

7:30 am-7:36 am 54 - RCT Spinopelvic Fixation With or Without SI Fusion

Jason J. Haselhuhn, DO, University of Minnesota

7:36 am-7:42 am 24 - Sagittal Balance Following Thoracolumbar Anterior Vertebral Body

Tethering

CPT Connor Zale, MD, University of Pennsylvania/Shriners Hospital for

Children- Philadelphia

7:42 am-7:48 am 39 - Use of Nutritional Supplements Post-Spine Surgery to Enhance

Healing: A Retrospective Cohort Study

Rafael A. Garcia, BS, University of Minnesota

7:48 am-7:54 am 232 - Risk Factors for Revision Microdiscectomy: A Matched Cohort

Analysis

CPT Cody D. Schlaff, MD, Walter Reed National Military Medical Center

7:54 am-8:00 am Discussion

8:00 am-8:06 am 23 - When is aVBT in a Patient with an Open Tri-Radiate Cartilage a

Good Idea?

CPT Connor Zale, MD, University of Pennsylvania/Shriners Hospital for

Children- Philadelphia

8:06 am-8:12 am 194 - The Effects of Modified Cervical Laminoplasty with C3

Laminectomy on Motion and Stability

LT Richard C. Lee, MD, Walter Reed National Military Medical Center

8:12 am-8:18 am 50 - ALIF Restores LDI vs. TLIF in Low-Grade Spondylolithesis

Capt Brooke A Smith, MD, Wright Patterson Medical Center

8:18 am-8:24 am 162 - Long-Term Cumulative Incidence of Cervical Myopathy Following

Geriatric Fragility Fractures

LT Nicholas M. Panarello, MD, Walter Reed National Military Medical

Center

8:24 am-8:30 am Discussion

#### **Concurrent Session 6B – Pediatrics**

Moderators: Shital Parikh, MD, Cincinnati Children's Hospital

Matthew R. Schmitz, MD, Rady Children's Hospital

7:30 am-7:36 am 26 - Dynamic Femur Fracture Brace for Pediatric Femoral Shaft Fractures

George D. Graham, MD, Atrium Health Carolinas Medical Center

7:36 am-7:42 am 135 - DF2 Brace vs. Spica Cast for Pediatric Femoral Shaft Fractures

Calvin Chandler, MD, MBA, Atrium Health Musculoskeletal Institute

7:42 am-7:48 am 239 - Pediatric Femur Fractures: Does Time to Operating Room Affect

Outcomes?

LT Andrew J. Rosso, MD, Naval Medical Center San Diego

7:48 am-7:54 am 214 - Radial Styloid vs. Listerís Tubercle Entry in Pediatric Radial

Fractures

2LT Dalton J. Ennis, BS, Saint Louis University School of Medicine

7:54 am-8:00 am Discussion

8:00 am-8:06 am 319 - Artificial Intelligence vs. Expert Responses to FAQs about DDH

2LT Dalton J. Ennis, BS, Naval Medical Center San Diego

8:06 am-8:12 am 161 - Physeal-Sparing Tibial Nailing: Surgical Technique Considerations

LT Vaughn Land, MD, Naval Medical Center Portsmouth

8:12 am-8:18 am 251 - Skin Complications of Exofin Tissue Adhesive in Pediatric

Orthopedic Surgery

CPT Riley S. Frenette, DO, Madigan Army Medical Center

8:18 am-8:24 am 243 - The Psychological Effects of Open Fractures in Pediatric

Populations: A Systematic Review

Albert K. Sarpong, BS, Tilman J. Fertitta Family College of Medicine at

the University of Houston

8:24 am-8:30 am Discussion

# **Concurrent Panel Discussion 6A – Spine**

8:30 am-9:00 am Panel Discussion

Panel: John G. DeVine, MD, Medical College of Georgia at Augusta University

John France, MD, West Virginia University

#### **Concurrent Panel Discussion 6B – Pediatrics**

8:30 am-9:00 am Panel Discussion

Panel: Shital Parikh, MD, Cincinnati Children's Hospital Matthew R. Schmitz, MD, Rady Children's Hospital

9:00 am-9:15 am Refreshment Break

# **Symposium 7 – Sports Hip/Hip Preservation**

9:15 am-9:30 am Title TBD

Shital Parikh, MD, Cincinnati Children's Hospital

9:30 am-9:45 am Title TBD

Matthew R. Schmitz, MD, Rady Children's Hospital

# **General Session 7 – Sports Hip/Hip Preservation**

Moderators: Shital Parikh, MD, Cincinnati Children's Hospital Matthew R. Schmitz, MD, Rady Children's Hospital

9:45 am-9:51 am 182 - Hip Arthroscopy in Military Personnel Produces Outcomes Similar

to Civilian Series

LT Samuel W. Todd, MD, Naval Medical Center Portsmouth

9:51 am-9:57 am 277 - Ultrasound-Guided Hip Platelet-Rich Plasma Injection in the Sports

Medicine Clinic

Col. R. Judd Robins, MD, United States Air Force Academy

9:57 am-10:03 am 113 - Outcomes of Labral Repair vs. Reconstruction in Primary Hip

Arthroscopy

LT Kyle P. Messer, DO, Texas Tech University Health Science Center

10:03 am-10:09 am 190 - Periacetabular Osteotomy Nonunion Rates and Risk Factors in

**Pediatric Patients** 

LT Janse Schermerhorn, MD, Walter Reed National Military Medical

Center

10:09 am-10:15 am Discussion

10:15 am-10:21 am 323 - Effects of Hip Arthroscopy on Gait, Functional Performance, and

Patient-Reported Outcomes in Military Service Members

CDR Brian T. Barlow, MD, Naval Hospital Rota

10:21 am-10:27 am 351 - AI Answering FAI Patient Questions: Helpful Tool or Harmful

Risk?

LCDR William Ferris, MD, Naval Medicine Center San Diego

10:27 am-10:33 am 339 - Femoroacetabular Impingement: Return to Duty Rates and

Postoperative Outcomes

CPT Alexys Bermudez, MD, Tripler Army Medical Center

10:33 am-10:39 am 313 - Impact of Valsartan and Doxycycline on Hip Arthroscopy Outcomes

ENS Heather MacEwen, BS, Uniformed Services University of the Health

Sciences

10:39 am-10:45 am Discussion

# Panel Discussion 7 - Sports Hip/Hip Preservation Cases

10:45 am-11:15 am Panel Discussion

Panel: Marc J. Philippon, MD, The Steadman Clinic and Steadman

Philippon

Shital Parikh, MD, Cincinnati Children's Hospital Matthew R. Schmitz, MD, Rady Children's Hospital

#### **2025 SOMOS E-Poster Presentations**

#### Foot & Ankle

280 - Who is Fixing Calcaneus Fractures and What are Their Outcomes and Trends? CPT James A. Albright, MD, ScM, Brooke Army Medical Center

125 - Utilization of Coban Wrapping in Diagnosis of Ankle Syndesmosis Injury CPT Brandon H. Chung, DO, William Beaumont Army Medical Center

346 - 10-Year Review of Lisfranc Injury Management: ORIF vs. Arthrodesis *CAPT Manuela Gaviria, MS, MD, BAMC* 

139 - Do They All Need Surgical Debridement?: Infection in Ankle Fractures *LCDR Nicholas Healy, MD, Naval Medical Center San Diego* 

255 - A Comparison of Push-off and Gait Strength following Open Haglund's Resection vs. Percutaneous Zadek Osteotomy for Insertional Achilles Tendinopathy.

CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center

256 - Patient Reported Outcome Measures and Complication Rates after Minimally Invasive vs. Open Calcaneal Osteotomy.

CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center

261 - The Effect of BMI on Outcomes, Complications, and Union rate following Midfoot and Hindfoot Arthrodesis Procedures

CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center

262- The Effect of Allograft vs. Autograft and BMI on Outcomes, Complications, and Union Rate following Midfoot Arthrodesis Procedures

CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center

266 - Evaluation of Minimally Invasive Hindfoot Nails for the Treatment of Complex and Fragility Acute Ankle Fractures

CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center

273 - Shot Liposomal Bupivacaine vs. Continuous Catheter-Based Analgesia for Postoperative Pain Management in Foot Surgery: A Retrospective Analysis *CPT Sarah Hall Kiriluk, MD, Walter Reed National Military Medical Center* 

22 - Endoscopic Flexor Hallucis Longus Transfer, an Anatomic Critical Review Luke M. Martin, Ohio State University Wexner Medical Center

167 - Evaluating Postoperative Complications in Bioabsorbable vs. Metallic Syndesmotic Fixation

Micah Ngatuvai, MD, MBA, TUHSC/WBAMC

168 - Deltoid Ligament Repair in Ankle Fractures: A Systematic Review *Micah Ngatuvai, MD, MBA, TUHSC/WBAMC* 

362 - Publishing on Topical Subjects in Total Ankle Arthroplasty Is Associated With Increased Social Media Attention

Albert K. Sarpong, BS, Tilman J. Fertitta Family College of Medicine at the University of Houston

# **Other**

163 - Osteochondral Allograft Transplantation for Focal Chondral loss of the Knee Devin Potter, BS, Wellstar Kennestone Regional Medical Center

# **Practice Management/Education**

- 12 Prognostic Factors for Outcomes After Femoral Fracture or Hip Arthoplasty 2LT Zachary A. Blashinsky, BS, Florida International University Herbert Wertheim College of Medicine
- 69 Standardized Approach to Postoperative Urinary Retention in Orthopaedics LT Evan D. Crawford, DO, Naval Medical Center Portsmouth
- 307 Trends in Resident Hobbies by Specialty CPT Donielle Miller-Hesse, DO, William Beaumont Army Medical Center

# **Shoulder & Elbow**

- 246 Maintaining Glenoid Augment Rotation is Critical to Preserving Backside Contact MAJ Michael Baird, MD, Brooke Army Medical Center
- 101 Impact of Glove Sterility on Corticosteroid Shoulder Injections 2nd LT Sydney R. Flanagan, BS, Loyola University Medical Center
- 365 Hydrophilic vs. Non-Hydrophilic Sutures: A Biomechanical Comparison 2nd LT Sydney R. Flanagan, BS, Loyola University Medical Center
- 332 Natural History of Posterior Shoulder Dislocations in the Military Health System LT Hannah Gibbs, MD, Walter Reed National Military Medical Center
- 324 Analysis of Hounsfield Units as a Predictor of Proximal Humerus Fracture Fixation Failure LT Shane A. Kaplan, MD, Walter Reed National Military Medical Center
- 148 A Systematic Review of Cost-Effectiveness Analyses in Sports Medicine Part I: Shoulder and Elbow

CPT Patrick C. Mayolo, MD, Tripler Army Medical Center

- 84 Pre-Operative Cervical Radiculopathy Portends Worse Outcomes Following Total Shoulder Arthroplasty in a Rural Center *Matthew W. Parry, MD, MS, Geisinger*
- 85 Pre-Operative Physical Examination Alone is Noninferior to MRI when Considering Anatomic Total Shoulder Arthroplasty

  Matthew W. Parry, MD, MS, Geisinger

- 382 Biomechanical Evaluation of the ìDouble-Double-Rowî Supraspinatus Repair Technique *Tyler Perleberg, BS, Steadman Philippon Research Institute*
- 15 Minimal Improvements in Objective Shoulder Strength Following Shoulder Arthroplasty: A Systematic Review

Capt Natalia Pluta, MD, MS, Brooke Army Medical Center

355 - Excellent Outcomes after Combined Tibiofibular Joint and Lateral Collateral Ligament Reconstruction

CAPT (Ret) Matthew Provencher, MD, MBA, The Steadman Clinic

- 347 Arthroscopic-Assisted Coronoid Fracture Fixation: Technique and Outcome LT Christopher Sullivan, MD, MBA, Naval Medical Center San Diego
- 197 Dynamic Anterior Stabilization is Anatomically Feasible in the Vast Majority of Anterior Shoulder Instability Cases: An MRI Analysis Capt Patrick J. Tansey, MD, University of Texas Medical Branch
- 104 Survivorship, Complications, and Outcomes of Custom Glenoid Implants in rTSA Jacques Van Zyl BS University of Alabama at Birmingham

# **Sports Injuries**

192 - Patient-Reported Outcomes and Satisfaction Following Fasciotomy for Chronic Exertional Compartment Syndrome

Justin J. Ernat, MD, University of Utah Health

- 126 Upper Extremity Fracture Types in NFL Athletes and Military Personnel David Lewis, Activ Armor Attending Surgeon 5.67 Sports Injuries
- 343 Anterior vs. Posterior Approach to Femoral Condyle for Chondral Restoration MAJ Patrick K. Mescher, MD, MBA, Keller Army Community Hospital
- 3 MRI-Based Morphometric Comparison of Lower Leg Muscles and Tendons in Individuals with Medial Tibial Stress Syndrome

2nd Lt. Lucas N Oliveira, MD, MSc, PMDF - Pollcia Militar do Distrito Federal

- 379 Impact of Tibial Slope Asymmetry on ACL Graft Biomechanics *Tyler Perleberg, BS, Steadman Philippon Research Institute*
- 380 Knotted vs. Knotless Suture Bridge Repair of Proximal Rectus Femoris *Tyler Perleberg, BS, Steadman Philippon Research Institute*
- 383 Achilles Tendon vs. Distal Hamstring Grafts for Chronic Hamstring Repair *Tyler Perleberg, BS, Steadman Philippon Research Institute*
- 152 A Systematic Review of Cost-Effectiveness Analyses in Sports Medicine Part II: Hip and Knee

CPT James Pruneski, MD, Tripler Army Medical Center

47 - Training Background and Characteristics of Osteopathic Team Physicians in Professional Sports Leagues

ENS Brandon Rust, BS, Nova Southeastern University College of Osteopathic Medicine

233 - Epidemiologic Trends of Upper Extremity Weightlifting Injuries by Age Groups ENS Jackson Underhill, BS, BA, University of Hawaii John A Burns School of Medicine

# Trauma

- 31 One Out of Twelve Patients with Multiligament Knee Injuries Will Need Operative Treatment of a Lower Extremity or Pelvic Fracture

  Justin J. Ernat, MD, University of Utah Health
- 234 Flexible Intramedullary Nailing in Adult Both Bone Forearm Fractures CPT Bonamico Jacobs, MD, Dwight D. Eisenhower Army Medical Center, Orthopaedic Surgery
- 134 for Pain Alleviation in Perioperative Orthopaedic Trauma Patients

  Laurence B. Kempton, MD, Atrium Health Carolinas Medical Center Orthopaedic Surgery
- 154 Weather is Correlated with Trauma Admission and Injury Mechanism *Jennifer Lewis, BA, University of Chicago*
- 131 TENS for Perioperative Pain Alleviation in Low-Energy Geriatric Fractures MAJ (Ret) Brian P. Milam, MD, Atrium Health Carolinas Medical Center
- 373 Occult Vascular Injury Rate in High-Energy Tibial Plateau Fractures Douglas Zhang, BA, University of Chicago Pritzker School of Medicine
- 374 Underbilling of Non-Operative Fracture Care is Common in Orthopedic Polytrauma Douglas Zhang, BA, University of Chicago Pritzker School of Medicine

# War Trauma/Military Medicine

228 - Tourniquet Syndrome

Mykyta Tomilin, MD, Dnipropetrovsk Regional Clinical Hospital named after I.I. Mechnykov